

MUSIC THERAPY

What?

“ Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship ”

Why?

For children to overcome developmental delays, we use music therapy to achieve non-musical goals and objectives

Delays in childhood that music therapy helps to improve and overcome:

💡 emotional 💡 physical 💡 cognitive 💡 social
💡 communication 💡 behavioral 💡 sensorimotor

How Does It Work?

Element of Music Therapy	Benefit for Child
playing instruments	social connectedness, social interaction, motor skills
singing	communication, verbalization & vocalization
listening & lyric analysis	literacy & social/emotional goals
guided movement to music	self-regulation, imitation skills & range of motion

How Can You Help?

- 💡 Who do you know that could benefit from music therapy?
- 💡 How can you help ensure they receive music therapy?
- 💡 Go to our website: www.lovelearningmusic.org/musictherapy

